

# Kindergarten

## Development of Motor Skills/Movement Forms

- 17** Develop a beginning movement vocabulary for body and spatial awareness (e.g., general/self-space, left, right, up, down, high, low). [WE.K.17](#)

---

- 18** Distinguish between personal space and general space. [WE.K.18](#)

---

- 19** Distinguish between and perform locomotor movements of running, hopping, jumping, galloping, and sliding. [WE.K.19](#)

---

- 20** Travel in straight, curved, and zigzag pathways. [WE.K.20](#)

---

- 21** Perform movements that promote cross lateral development. [WE.K.21](#)

---

- 22** Make wide, narrow, round, and twisted body shapes. [WE.K.22](#)

---

- 23** Move the body at high, medium, and low levels. [WE.K.23](#)

---

- 24** Move to a variety of beats, tempos, and rhythms. [WE.K.24](#)

---

- 25** Transfer weight to balance on different body parts or combinations of body parts (e.g., beginner gymnastics, yoga). [WE.K.25](#)

---

- 26** Develop spatial awareness of an object or person (e.g., beside, under, near, far). [WE.K.26](#)

## Physical Fitness

- 27** Recognize body responses to physical activities (e.g., increased heart rate, faster breathing, perspiration). [WE.K.27](#)

---

- 28** Discuss the need for proper rest and exercise. [WE.K.28](#)

---

- 29** Locate and identify a variety of body parts. [WE.K.29](#)

## Responsible, Personal, and Social Behaviors

- 30** Demonstrate appropriate interactions with others (e.g., partners, small groups and large groups). [WE.K.30](#)

---

- 31** Identify and participate in physical activities outside of school that enhance health. [WE.K.31](#)