

# Grades 9-12

## Personal and Social Development

### Respect Yourself and Others

- 1 Understand Self and Others [DSS.9-12.1](#)
  - 1 Analyze how thoughts, feelings, attitudes, values, and beliefs affect decision making and behavior. [DSS.9-12.1.1](#)
  - 2 Use active listening to identify and understand the feelings and perspectives of others. [DSS.9-12.1.2](#)
  - 3 Use mistakes as learning opportunities to grow personally and socially. [DSS.9-12.1.3](#)
- 2 Maintain Positive Relationships [DSS.9-12.2](#)
  - 1 Distinguish between healthy and unhealthy relationships. [DSS.9-12.2.1](#)
  - 2 Apply appropriate anger management and conflict resolution techniques. [DSS.9-12.2.2](#)
  - 3 Minimize words and actions that hurt self and others. [DSS.9-12.2.3](#)
  - 4 Address peer pressure in safe and effective ways. [DSS.9-12.2.4](#)
  - 5 Identify bullying behaviors and utilize appropriate skills to address and decrease bullying. [DSS.9-12.2.5](#)
- 3 Exhibit Respectful Behavior [DSS.9-12.3](#)
  - 1 Respect personal boundaries and privacy needs. [DSS.9-12.3.1](#)
  - 2 Interact appropriately with varying audiences in all settings. [DSS.9-12.3.2](#)
  - 3 Use social and communication skills, dispositions, and character traits appropriate for various situations and audiences. [DSS.9-12.3.3](#)

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### Goal Setting and Attainment

- 4 Decision Making and Personal Responsibility [DSS.9-12.4](#)
  - 1 Analyze the relationship between behaviors, choices, and consequences and apply a decision making model to achieve desired goals. [DSS.9-12.4.1](#)
  - 2 Develop and implement action plans to attain personal, school, and civic goals. [DSS.9-12.4.2](#)
  - 3 Utilize problem solving techniques to generate alternatives and address changes to attain goals. [DSS.9-12.4.3](#)
  - 4 Identify possible long term consequences of decisions and take responsibility to achieve desired goals. [DSS.9-12.4.4](#)

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## Safety and Survival Skills

- 5 Protect Emotional and Physical Safety [DSS.9-12.5](#)
    - 1 Apply strategies to reduce stress and protect safety, differentiating between situations requiring self-help, peer support, adult, or professional help. [DSS.9-12.5.1](#)
    - 2 Utilize communication skills and strategies to participate in only safe and healthy activities. [DSS.9-12.5.2](#)
    - 3 Develop and implement plans for situations such as teasing, bullying, harassment, threats, intimidation, and other violent acts or dangerous situations. [DSS.9-12.5.3](#)
    - 4 Know emergency contact information and utilize school and community resources to protect personal safety. [DSS.9-12.5.4](#)
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## Academic and Learning Development

### Self-Directed Learning

- 6 Develop Academic Motivation [DSS.9-12.6](#)
  - 1 Build upon personal skills and interest through school and community activities. [DSS.9-12.6.1](#)
  - 2 Apply knowledge of personal learning characteristics to focus on strengths and maintain motivation for learning. [DSS.9-12.6.2](#)
  - 3 Exhibit attitudes, skills, and dispositions needed to motivate self-directed, lifelong learning and goal attainment. [DSS.9-12.6.3](#)
- 7 Develop Learning Skills [DSS.9-12.7](#)
  - 1 Refine executive function skills. [DSS.9-12.7.1](#)
  - 2 Identify personal learning style(s) to maximize learning in various environments. [DSS.9-12.7.2](#)
  - 3 Identify support systems available to advance individual learning and seek help when needed. [DSS.9-12.7.3](#)
  - 4 Demonstrate the ability to work independently or collaboratively in various learning environments. [DSS.9-12.7.4](#)
- 8 Achieve School Success [DSS.9-12.8](#)
  - 1 Exhibit personal responsibility to maximize learning. [DSS.9-12.8.1](#)
  - 2 Maintain attitudes, dispositions, and behaviors that enhance focus and success. [DSS.9-12.8.2](#)
  - 3 Apply goal setting techniques to maintain self-directed learning. [DSS.9-12.8.3](#)
  - 4 Use self-advocacy, school, and community resources and support services as needed. [DSS.9-12.8.4](#)

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## Post-Secondary Preparation

- 9 Prepare for Post-Secondary Success [DSS.9-12.9](#)
    - 1 Evaluate academic performance and course selections in relationship to postsecondary options. [DSS.9-12.9.1](#)
    - 2 Apply knowledge of skills, interest, aptitudes, and the workplace to guide decision-making in relation to post-secondary choices. [DSS.9-12.9.2](#)
    - 3 Explore alignment of high school courses, assessment results, and programs with identified post-secondary institutions. [DSS.9-12.9.3](#)
    - 4 Identify and pursue options for earning post-secondary credits while in high school. [DSS.9-12.9.4](#)
    - 5 Identify and pursue options for paying for various post-secondary training options. [DSS.9-12.9.5](#)
  - 10 Plan to Achieve Goals [DSS.9-12.10](#)
    - 1 Use personal data to refine academic plan and career/life goals. [DSS.9-12.10.1](#)
    - 2 Explore eligible requirements and funding opportunities for various postsecondary options. [DSS.9-12.10.2](#)
    - 3 Secure assistance, as needed for post-secondary planning and the application process. [DSS.9-12.10.3](#)
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## Career Development and Life Planning

### Career Exploration and Planning

- 11 Develop Career Awareness [DSS.9-12.11](#)
    - 1 Use a variety of resources to explore career options in relation to personal abilities, skills, interest, values, and the current job market. [DSS.9-12.11.1](#)
    - 2 Evaluate roles, responsibilities, and requirements for progressions of career levels from entry to advanced positions. [DSS.9-12.11.2](#)
    - 3 Explore career options in relation to career clusters and transferable skills. [DSS.9-12.11.3](#)
  - 12 Develop Career and Life Plan [DSS.9-12.12](#)
    - 1 Update career cluster and personalized education plan in relation to changing interest, job demand, and personal data. [DSS.9-12.12.1](#)
    - 2 Revise career/life plan to reflect changing personal lifestyle dreams. [DSS.9-12.12.2](#)
  - 13 Careers and Life Success [DSS.9-12.13](#)
    - 1 Determine how one's personal career plan impacts lifestyles and opportunities. [DSS.9-12.13.1](#)
    - 2 Model expected workplace dispositions, skills, and behaviors in school, community and occupational experiences to prepare for career success. [DSS.9-12.13.2](#)
    - 3 Evaluate the relevance of lifelong learning as situations and responsibilities change that require new knowledge and skills. [DSS.9-12.13.3](#)
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## Global Citizenship

### Intercultural Perspectives

- 14 Acquire a Diverse and Knowledgeable World View [DSS.9-12.14](#)
  - 1 Describe how the characteristics of diverse world regions and individual communities contribute to varying world views. [DSS.9-12.14.1](#)
  - 2 Investigate and explain how factors such as ethnicity, gender, religion, sexuality, and economic conditions contribute to different social and world views. [DSS.9-12.14.2](#)
- 15 Interact Respectfully with Diverse Cultures [DSS.9-12.15](#)
  - 1 Analyze global issues and events to gain an understanding of others' viewpoints. [DSS.9-12.15.1](#)
  - 2 Analyze language, behavior, and non-verbal communication cues to interact respectfully with diverse cultures. [DSS.9-12.15.2](#)
  - 3 Examine the influence of stereotyping and prejudice and how they impact relationships. [DSS.9-12.15.3](#)

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## Democratic Principles

### 16 Promote Social Justice [DSS.9-12.16](#)

- 1 Adhere to classroom and school rules, and community laws to protect individual rights and property. [DSS.9-12.16.1](#)
- 2 Identify and discuss issues of social justice. [DSS.9-12.16.2](#)

### 17 Assume Responsible Leadership [DSS.9-12.17](#)

- 1 Demonstrate characteristics of successful leaders and team members to reach goals. [DSS.9-12.17.1](#)
- 2 Exhibit leadership through service to improve the school and community. [DSS.9-12.17.2](#)

### 18 Practice Financial Responsibility [DSS.9-12.18](#)

- 1 Assess personal needs, wants, and values to develop a budget. [DSS.9-12.18.1](#)
- 2 Investigate means of saving and investing to maintain long-term financial stability. [DSS.9-12.18.2](#)
- 3 Evaluate the consequences of spending related to debt and debt management. [DSS.9-12.18.3](#)
- 4 Recognize marketing approaches that lead to over-consumption and discuss ways to reject them. [DSS.9-12.18.4](#)