

Nursing Assistant/CNA Certification

Demonstrate proficiency in the required academic subject matter outlined by 172 NE Admin Rules and Regs ch 172-108-003. [HS.HS.13.1](#)

- a** Complete a minimum of 75 hours of instruction including at least 16 hours of supervised practical training, including at least one hour of instruction on the responsibility of each nursing assistant to report suspected abuse or neglect pursuant to Neb. Rev. Stat. §§ 28-372 and 28-711 (108-003.01). [HS.HS.13.1.A](#)
- b** Demonstrate proficiency in tasks or duties connected with each unit of the components set forth in 172 NAC 108-003 (108-003.03). [HS.HS.13.1.B](#)
- c** Complete an approved competency evaluation program consisting of a written or oral examination and a demonstration of skills administered by the Department of Health & Human Services or a Department-approved entity that is not a nursing home that participates in Medicare or Medicaid. (108-003.04) [HS.HS.13.1.C](#)

Demonstrate career readiness skills to enhance employment opportunities and job satisfaction. [HS.HS.13.2](#)

- a** Identify the elements of communication using a sender/receiver mode. [HS.HS.13.2.A](#)
- b** Identify barriers to communication. [HS.HS.13.2.B](#)
- c** Interpret verbal and nonverbal communication. [HS.HS.13.2.C](#)
- d** Explain subjective and objective information. [HS.HS.13.2.D](#)
- e** Apply speaking and active listening skills. [HS.HS.13.2.E](#)
- f** Explain opportunities for continuing education and professional development. [HS.HS.13.2.F](#)
- g** Demonstrate the career readiness skills of the healthcare professional. [HS.HS.13.2.G](#)

Apply healthcare regulations, policies, laws, and legislated rights of clients. [HS.HS.13.3](#)

- a** Describe the legal and ethical responsibilities, limitations, and implications of one's actions within the healthcare delivery setting. [HS.HS.13.3.A](#)
- b** Explain standards for Health Insurance Portability and Accountability Act (HIPAA). [HS.HS.13.3.B](#)
- c** Describe advance directives. [HS.HS.13.3.C](#)

d Summarize the Patient’s Bill of Rights. HS.HS.13.3.D

e Explain tort laws as they apply to healthcare. HS.HS.13.3.E

f Demonstrate procedures for accurate documentation and record keeping. HS.HS.13.3.F

Apply health and safety policies and procedures to prevent injury and illness. HS.HS.13.4

a Describe the existing and potential hazards in a healthcare setting to clients, co-workers, and self. HS.HS.13.4.A

b Apply personal safety procedures based on Occupational Safety and Health Administration (OSHA) and Centers for Disease Control (CDC) regulations. HS.HS.13.4.B

c Apply principles of body mechanics. HS.HS.13.4.C

d Comply with safety signs, symbols, and labels in the work environment. HS.HS.13.4.D

e Demonstrate fire safety and basic emergency response in a healthcare setting. HS.HS.13.4.E