

# Grade 4

Adopted 2007

Students will comprehend concepts related to health promotion and disease prevention to enhance health.

1. The student will describe the basic structure and functions of the human body systems.
  - Alcohol and Other Drugs
  - Community and Environmental Health
  - Family Life and Sexuality
  - Injury Prevention
  - Mental Health
  - Nutrition
  - Personal and Consumer Health
  - Physical Activity
  - Tobacco
2. The student will identify health problems that should be detected and treated early.
  - Alcohol and Other Drugs
  - Community and Environmental Health
  - Family Life and Sexuality
  - Injury Prevention
  - Mental Health
  - Nutrition
  - Personal and Consumer Health
  - Physical Activity
  - Tobacco
3. The student will compare the effects of positive and negative behavior on personal health.
  - Alcohol and Other Drugs
  - Community and Environmental Health
  - Family Life and Sexuality
  - Injury Prevention
  - Mental Health
  - Nutrition
  - Personal and Consumer Health
  - Physical Activity
  - Tobacco

Students will analyze the influence of culture, media, technology, and other factors on health behaviors.

1. The student will describe ways technology can influence personal health.

Students will demonstrate the ability to access valid information and products and services to enhance health.

1. The student will identify characteristics of valid health information and health-promoting products and services.

Students will demonstrate the ability to use interpersonal communication skills to enhance health and avoid or reduce health risks.

1. The student will describe communication skills to build and maintain healthy relationships.
2. The student will demonstrate healthy ways to express needs, wants and feelings.

**Students will demonstrate the ability to use decision-making skills to enhance health.**

- 1. The student will demonstrate the ability to apply a decision-making process to health issues and problems.**
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**Students will demonstrate the ability to practice health-enhancing behaviors and avoid or reduce health risks.**

- 1. The student will demonstrate skills to manage stress.**
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**Students will demonstrate the ability to advocate for personal, family, and community health.**

- 1. The student will demonstrate the ability to influence and support others in making positive health choices.**