

Student Wellbeing: K-Grade 2

Sense of Self

1 Demonstrate self awareness and confidence SW1.1

- a Recognize and demonstrate an understanding of selfconfidence in attempting new skills. K-2.M.3
 - b Develop confidence, with the support of adult educators, when participating in the learning environment. K-2.M.4
 - c Identify personal interests and preferences. K-2.LS.4
 - d Begin exploring both the similarities and differences between self and others. K-2.SE.4
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2 Demonstrate identification and expression of emotions SW1.2

- a Become aware of socially acceptable behavior with the support of adult educators. K-2.SE.3
 - b Respond appropriately to greetings and begin to learn how nonverbal communication expresses how others feel and what others might be thinking. K-2.SE.5
 - c Express needs, wants, and feelings in a healthy way HW K-2.4.3
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Self-Regulation

1 Demonstrate self control SW2.1

- a Begin to demonstrate understanding of classroom guidelines/rules, and the consequences when they are not followed. K-2.SE.1
 - b Begin to take responsibility for classroom roles and role as a learner. K-2.SE.2
 - c Recognize and understand the components of self-discipline. K-2.WE.1
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Conflict Resolution

1 Demonstrate conflict resolution SW3.1

- a Begin to develop an understanding of what it means to be adaptable. K-2.WE.5
 - b Become aware of socially acceptable behavior with the support of adult educators. K-2.SE.3
 - c Identify and explain healthy strategies to manage and resolve conflict. HW K-2.4.7
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Building Relationships

1 Demonstrate relationship skills SW4.1

- a Begin to develop an understanding of what it means to be adaptable. K-2.WE.5
- b Become aware of socially acceptable behavior with the support of adult educators. K-2.SE.3
- c Begin exploring both the similarities and differences between self and others. K-2.SE.4
- d Respond appropriately to greetings and begin to learn how nonverbal communication expresses how others feel and what others might be thinking. K-2.SE.5
- e Model ways to treat people with kindness and respect. HW K-2.4.4