

# First Steps Standards (2023)

## Self-Evaluation (Who am I?) <sup>1</sup>

### 1 Identify Personality (What makes me unique?) 1.1

- A Take a personality inventory. 1.1.A
  - B Document a reflection of the results. 1.1.B
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### 2 Identify Interests (What do I enjoy doing?) 1.2

- A Use multiple methods to identify personal interests. 1.2.A
  - B Document a reflection of the results. 1.2.B
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### 3 Identify Values (What really matters to me?) 1.3

- A Summarize personal importance of family and other relationships as they relate to school/work. 1.3.A
- B Assess desired lifestyle and associated cost. 1.3.B
- C Relate the importance of health and wellness to school/work. 1.3.C
- D Document a reflection of the results. 1.3.D

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#### **4 Identify Skills (What am I good at?) 1.4**

##### **A \*Critical Thinking and Problem-Solving 1.4.A**

- i Recognize and analyze a problem. 1.4.A.I
- II Identify and evaluate potential solutions and resources. 1.4.A.II
- III Use sound reasoning to choose a solution. 1.4.A.III
- iv Implement the solution and evaluate the outcome. 1.4.A.IV
- v Document a reflection about your use of the problem-solving process. 1.4.A.V

##### **B \*Work Ethic 1.4.B**

- i Define work ethic and explain its importance in the workplace. 1.4.B.I
- ii Define and explain the importance of diligence, dependability, responsibility, and accountability in the workplace. 1.4.B.II
- iii Demonstrate diligence. 1.4.B.III
- iv Demonstrate dependability. 1.4.B.IV
- v Demonstrate responsibility. 1.4.B.V
- vi Demonstrate accountability. 1.4.B.VI
- vii Document a reflection about personal work ethic after demonstrating diligence, dependability, responsibility, and accountability. 1.4.B.VII

##### **C \*Information Security 1.4.C**

- i Evaluate presence on social media. 1.4.C.I
- ii Evaluate risk associated with presence on social media. 1.4.C.II
- iii Follow classroom/workplace protocols to maintain the security of information, computers, networks, and facilities. 1.4.C.III
- iv Demonstrate basic internet and email safety. 1.4.C.IV
- v Document a reflection about personal presence on social media, associated risks, and changes needed for personal safety. 1.4.C.V

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#### **Career Exploration (What's out there for me?) 2**

##### **1 Apply Self-Evaluation to the World of Work (Where do I fit in the world of work?) 2.1**

- B Summarize how one researches and chooses a career interest. 2.1.B
- A Express the purpose and value of work. 2.1.A
- C Use results of self-evaluation to identify related career clusters and occupations. 2.1.C
- D Explore multiple career clusters and occupations of interest (e.g. work site visits, speakers, case studies, shadowing, or community service). 2.1.D
- E Choose a cluster or occupation. Research the education or training required, including program of study, labor market information, and wage compared to Idaho's living wage. 2.1.E

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**2 Make Responsible Choices (How do my choices influence my future?) 2.2**

- A Describe how personal, career, and educational choices impact major life decisions. 2.2.A
  - B Describe how your personal choices will affect workplace, school, and community. 2.2.B
  - C Discuss the need for continuous career planning. 2.2.C
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**Future Planning (How do I get there?) 3**

**1 \*Efficiency and Productivity (How do I turn an interest in to a plan?) 3.1**

- A Having identified a career interest and program of study, research institutions offering the program according to personal preferences. 3.1.A
  - B Research helpful high school courses and experiences. 3.1.B
  - C Utilize a goal setting process to develop short-term and long-term personal, education, and career goals. 3.1.C
  - D Manage time and resources and track progress throughout the term. 3.1.D
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**2 Understand High School Offerings (What can I do in high school to reach my goals?) 3.2**

- A Explore available CTE programs. 3.2.A
  - B Research the local CTSO options and benefits for participation therein. 3.2.B
  - C Examine the benefits of participating in school and community activities. 3.2.C
  - D Examine academic and other high school pathways. 3.2.D
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**3 Create and Idaho Student Learning Plan (How do I move forward?) 3.3**

- A Develop or update the Idaho Student Learning Plan (Four-Year Plan) aligned with personal, educational, and career goals. 3.3.A
- B Apply Idaho Student Learning Plan to selection of high school courses and pathways. 3.3.B