

Parenting: Grades 9, 10, 11, 12

Adopted 2009

The Parenthood Decision

1.1 Define terms related to the parenthood decision

1. Apply terms in context [1.1.1](#)
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1.2 Classify types of parents

1. Compare and contrast characteristics of parenting types [1.2.1](#)
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1.3 State factors to consider in making a parenthood decision

1. Develop a checklist of personal qualities needed for effective parenting [1.3.1](#)
 2. Examine effects of parenthood on marriage and personal relationships [1.3.2](#)
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1.4 List types of family structures with components of each - Blended - Foster - Nuclear - Single

1. Chart types of family structures with components of each [1.4.1](#)
 2. Examine the impact of an additional child within each family structure [1.4.2](#)
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1.5 List the costs related to having and raising a child

1. Determine the financial cost of having and raising a child [1.5.1](#)
 2. Research the cost of teen pregnancies to society [1.5.2](#)
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1.6 Name reasons for family planning

1. Examine reasons for family planning
 - To determine the number and spacing of children
 - To allow for a couples' physical, emotional, and financial readiness[1.6.1](#)
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1.7 List factors that influence family planning decisions

1. Investigate options for infertile couples [1.7.1](#)
 2. Analyze legal and ethical impacts of current and emerging technology on fertility and family planning [1.7.2](#)
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1.8 Describe the purpose of genetic counseling

1. Identify reasons for seeking genetic counseling
 - Family history of genetic disorders
 - Previous birth of a child with a genetic disorder
 - Personal choice based on age or some other risk factor[1.8.1](#)
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Child Growth and Development

2.1 Define terms related to child growth and development

1. Apply terms in correct context 2.1.1
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2.2 List the five basic types of development - Physical - Intellectual - Social - Emotional - Moral

1. Define and give examples of the five basic types of development 2.2.1
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2.3 Match the stages in the individual life cycle with the correct age ranges from birth through adolescence - Infant (birth - 1) - Toddler (1-3) - Preschool (3-5) - School age (5-12) - Adolescence (12-18)

1. Chart the stages in the individual life cycle with the correct age ranges from birth through adolescence 2.3.1
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2.4 Identify ways children learn - Directed learning - Imitation - Incidental learning - Trial and error learning

1. Describe the role of play in learning 2.4.1
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2.5 Identify ways parents can promote physical development - Insure adequate sleep - Provide nutritious foods - Provide opportunities for physical play and exercise - Teach and encourage self care routines

1. Use current resources to identify milestones of physical development for children from birth through adolescence 2.5.1
 2. Give examples of ways parents can promote physical development from birth through adolescence 2.5.2
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2.6 Identify ways parents can promote intellectual development - Encourage exploration - Limit screen time - Provide positive interaction and communication - Read to and with children - Stimulate creativity and imagination

1. Use current resources to identify milestones of intellectual development for children from birth through adolescence 2.6.1
 2. Give examples of ways parents can promote intellectual development for children from birth through adolescence 2.6.2
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2.7 Identify ways parents can promote social development - Bond with children - Provide opportunities for peer interaction - Teach conflict resolution

1. Use current resources to identify milestones of social development for children from birth through adolescence 2.7.1
2. List ways parents can promote social development for children from birth through adolescence 2.7.2

2.8 Identify ways parents can promote emotional development

- Encourage affection and empathy
- Encourage independence
- Encourage positive self image
- Help children identify and appropriately express emotions
- Model appropriate behavior within the family unit

1. Use current resources to identify milestones of emotional development for children from birth through adolescence [2.8.1](#)
2. List ways parents can promote emotional development for children from birth through adolescence [2.8.2](#)

2.9 Identify ways parents can promote moral development

- Discuss values and morals
- Provide a positive home environment
- Set examples as a positive role model
- Set rules
- Use teachable moments

1. Use current resources to identify milestones of moral development for children from birth through adolescence [2.9.1](#)
2. List ways parents can promote moral development for children from birth through adolescence [2.9.2](#)

2.10 Describe the influence of heredity and environment on child development

1. Analyze the impact of heredity and environment on child development [2.10.1](#)

Parenting Skills

3.1 Define terms related to parenting skills

1. Apply terms in correct context [3.1.1](#)

3.2 List rights and responsibilities of parents

- Rights:
 - Choose where children live
 - Control care and upbringing
 - Make educational and medical decisions
- Responsibilities:
 - To fulfill children's intellectual, emotional, and social needs
 - To meet basic needs
 - To nurture
 - To promote moral development
 - To protect

1. Analyze parental rights [3.2.1](#)
2. Analyze parental responsibilities [3.2.2](#)

3.3 List rights and responsibilities of children

- Rights
 - Adequate standard of living
 - Age-appropriate rules set by caring parents
 - Freedom from discrimination
 - Healthy and safe environment
 - Highest possible standard of health
 - Education
 - Expression of personal feelings
 - Protection from abuse and neglect
- Responsibilities
 - To abide by their parents' rules
 - To be trustworthy and honest
 - To care for possessions
 - To show respect

1. Analyze rights of children [3.3.1](#)
2. Analyze responsibilities of children [3.3.2](#)

3.4 Describe parenting styles

- Authoritarian
- Democratic
- Permissive

1. Compare parenting styles 3.4.1
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3.5 Explain the importance of parents as positive role models

1. Compile traits of a positive role model 3.5.1
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3.6 Describe the importance of a nurturing environment

1. Determine ways to promote a positive self concept in children 3.6.1
 2. Determine the relationship between nurturing and the fulfillment of potential 3.6.2
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3.7 Explain the role of guidance, discipline, and punishment in parenting roles

1. Compare and contrast guidance, discipline, and punishment 3.7.1
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3.8 Identify guidance techniques for promoting positive behavior

1. Provide examples of promoting positive behavior for each of the following techniques:
 - Positive reinforcement
 - Negative reinforcement
 - Self-control3.8.1
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3.9 Name roles parents play in children's education

1. Explain ways parents can be actively involved in their child's education
 - Take advantage of teachable moments
 - Provide encouragement
 - Facilitate adjustments to school
 - Provide a homework friendly environment
 - Interact with child's teachers3.9.1
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3.10 Name guidelines for establishing a strong family unit

- Build trust
- Demonstrate respect
- Express love and acceptance
- Practice effective communication
- Share family rituals and traditions
- Spend time together

1. Compare and contrast strong families versus dysfunctional families 3.10.1
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Promoting Health and Safety of Children

4.1 Define terms related to promoting health and safety of children

1. Apply terms in correct context 4.1.1
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4.2 List general guidelines for child-proofing the home

1. Identify potential hazards within various scenarios 4.2.1
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4.3 Name common childhood illnesses

- Allergies
- Asthma
- Common cold
- Diarrhea
- Ear infection
- Fever
- Influenza
- Sore throat

1. Explain care required for common childhood illnesses 4.3.1

4.4 Describe medical checkups and immunizations

1. Chart a schedule of routine checkups and immunizations from birth to age 18 4.4.1
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4.5 Designate appropriate care for injuries

1. Demonstrate first aid for minor injuries 4.5.1
 2. Explain first aid for medical emergencies 4.5.2
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4.6 Explain car seat guidelines for children of various ages

1. Research child vehicle safety restraint laws 4.6.1
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4.7 Describe child abuse and neglect

1. List causes of child abuse and neglect 4.7.1
 2. List symptoms of child abuse and neglect 4.7.2
 3. Outline procedures for reporting suspected abuse and neglect 4.7.3
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Parenting Challenges

5.1 Define terms related to parenting challenges

1. Apply terms in correct context 5.1.1
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5.2 Name specific concerns of a new parent<ol type="a">Care and safety of theChanges in routineFinancial adjustmentsNew roles and responsibilitiesPostpartum depression

1. Assess concerns a new parent may face 5.2.1
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5.3 List concerns unique to teen parentsEducationFinancesHealthSocial changesPersonal goals

1. Analyze specific concerns of teen parents 5.3.1
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5.4 List concerns unique to adult single parentsEstablishing a support networkLack of quality time with theUnique financial challenges

1. Analyze specific concerns of adult single parents 5.4.1
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5.5 List concerns unique to dual-career familiesDivision of laborBalancing work and family

1. Analyze specific concerns of dual-career families 5.5.1

5.6 List factors that influence child care decisions

- Age of child
- Cost of care
- Hours of operation
- Location
- Parental values
- Quality

1. Identify characteristics of quality child care
 - Adequate space and equipment
 - Adult-child ratio
 - Licensing and accreditation
 - Qualifications of director and staff
 - Safety and security 5.6.1
2. Evaluate child care options
 - Center based
 - Employer sponsored www.arkansas.gov/childcare/
 - Family child care
 - Faith based
 - Home based
 - In Home care 5.6.2

5.7 Discuss challenges of parenting a special needs child

1. Explain challenges of parenting a special needs child 5.7.1
2. Outline appropriate response to a special needs diagnosis
 - Act on diagnosed condition
 - Educate family
 - Find support 5.7.2

5.8 Describe parenting strategies to help children cope with crises

- Listen to fears and worries
- Maintain routines
- Provide support
- Remain calm
- Seek outside help if needed

1. Role play strategies to help children cope with crises 5.8.1

5.9 List resources available for parents facing challenges

- Clergy members
- Family members and friends
- Public or private agencies
- Support groups
- Teachers

1. Compile a list of resource information available in your community to assist parents facing challenges 5.9.1

Careers in Child and Family Services

6.1 Define terms related to careers in child and family services

1. Apply terms in correct context 6.1.1

6.2 Identify trends affecting child care careers

- Advances in technology
- Emphasis on early childhood education
- Focus on quality child care
- Increase in dual-career families
- Increase in single parent

1. Evaluate the impact of current trends on child care centers 6.2.1

6.3 List career opportunities involving work with children and families

1. Research a career involving work with children and families 6.3.1