

# Family and Consumer Science (2024)

## Foundational Standards

- 1 Incorporate safety procedures in handling, operating, and maintaining tools and machinery; handling materials; utilizing personal protective equipment; maintaining a safe work area; and handling hazardous materials and forces. **F.1**
- 2 Demonstrate effective workplace and employability skills, including communication, awareness of diversity, positive work ethic, problem-solving, time management, and teamwork. **F.2**
- 3 Explore the range of careers available in the field and investigate their educational requirements and demonstrate job-seeking skills including resume-writing and interviewing. **F.3**
- 4 Advocate and practice safe, legal, responsible, and ethical use of information and technology tools specific to the industry pathway. **F.4**
- 5 Participate in a Career and Technical Student Organization (CTSO) to increase knowledge and skills and to enhance leadership and teamwork. **F.5**

## Financial Literacy and Consumer Advocacy

- 1 Investigate and report on consumer issues and activities. Example: purchasing a home, saving, retirement, credit, tax preparation, credit counseling **1**
- 2 Develop a financial plan for an individual based on resources and financial goals. **2**
- 3 Describe the functions of financial planners, consumer specialists, and financial counselors. **3**
- 4 Compare and contrast advertising techniques and explain how they influence consumer behavior. **4**
- 5 Investigate and report on the activities and efficacy of agencies that provide consumer protection. **5**

## Consumer and Family Resources

- 6 Compare and contrast resources and support systems for individuals, families, and consumers. Examples: food banks, nonprofit organizations, public health systems **6**

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- 7** Outline the functions of family and community service professionals. Examples: social workers, child life specialists, family life educators, extension agents, mental health counselors **7**
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- 8** Investigate and report on public policies that affect families and consumers. Examples: Family Medical Leave Act, Earned Income Tax Credit, education policies, and public health policies such as smoke-free spaces. **8**
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## Housing and Property Management

- 9** Explain how housing needs for individuals and families change across the lifespan. **9**
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- 10** Compare and contrast types of housing. Examples: single-family dwellings, condominiums, apartments **10**
- A** Compare and contrast methods of securing and financing housing. **10.A**
- B** Examples: mortgages, leases; advantages and disadvantages of renting and owning a home **10.B**
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- 11** Identify maintenance and safety issues facing property managers and homeowners and summarize measures to resolve them. Examples: Presence of carbon monoxide, ADA accessibility, insurance requirements; smoke detectors, radon detectors **11**
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- 12** Outline opportunities for entrepreneurial endeavors within the housing industry. Examples: real estate sales, home renovations, home staging services. **12**
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## Human Development and Family Studies

- 13** Compare and contrast diverse family units, including blended families, multi-generational households, single-parent households, and two-parent households. **13**
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- 14** Summarize the stages of the family life cycle and describe the choices and responsibilities that individuals encounter in each stage. **14**
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- 15** Summarize the characteristics of high-quality caregivers that family members may need across the lifespan. Examples: dependable, respectful, qualified, trustworthy **15**
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- 16** Demonstrate teamwork and leadership skills in the family, workplace, and community. Examples: participating in an FCCLA National Program or competing in an FCCLA STAR Event **16**
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## Interpersonal Relationships and Communication

- 17** Describe and demonstrate skills for building, developing, and maintaining healthy interpersonal relationships. Examples: communication and conflict resolution skills, the role of digital media in interpersonal communication, setting boundaries, recognizing the signs of abuse **17**

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**18** Discuss teen violence, identifying its underlying issues and means of prevention. Examples: bullying, child abuse, dating violence, suicide 18

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**19** Describe stress management strategies for school, work, family, and community settings. 19

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**20** Compare and contrast workplace norms across professions, cultures, and business types. Examples: dress code, time management, deadlines, chain of command, project management 20

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## Food and Nutrition

**21** Plan basic menus that meet nutrition and wellness needs across the lifespan in accordance with current dietary guidelines. 21

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**22** Prepare a variety of foods, using safe practices for food handling and sanitation. Examples: a snack an entree, a salad, a dessert, a vegetable 22

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**23** Demonstrate appropriate etiquette for a variety of settings and situations. Examples: table settings and customs; business lunches, social occasions, formal dining 23

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**24** Describe the roles and functions of food professionals, including dietitians, food technologists, food product developers, and restaurateurs. 24

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## Clothing, Textiles, and Design

**25** Identify the elements and principles of design and explain their role in human environments, including their use in apparel and housing. 25

A Apply the elements and principles of design to product merchandising and marketing. Examples: Design a store window for retail merchandising. Create social media marketing for a boutique. 25.A

B Create a design for a product in the clothing, textiles, or housing industry, using the elements and principles of design. 25.B

C Demonstrate the selection and placement of furniture, equipment, and home accessories to meet individual or family needs. 25.C

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**26** Demonstrate skills for constructing and caring for apparel or textiles. Examples: basic maintenance and repair, alteration techniques, hand sewing, machine sewing, knitting, crocheting, draping, creating patterns, laundering, storing 26

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**27** Describe the cycle of design trends in housing and apparel. Examples: color patterns and palettes 27

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**28** Describe the roles and functions of professionals in the design industry. Examples: visual merchandisers, sourcing agents, product developers, home stagers, interior designers, interior decorators, and textile manufacturers. 28